

# Breathe FOR Change

200-HOUR CERTIFIED YOGA TEACHER (CYT200) &  
SOCIAL-EMOTIONAL LEARNING FACILITATOR (SEL\*F)

This is to certify that

**R.J. Rongcal**

has completed the requirements for the Breathe For Change 200-hour Mindfulness,  
SEL, and Yoga Teacher Training for Educators and Community Leaders

11/15/2023

Date



Dr. Ilana Nankin, Founder & CEO

